

COUNTING TO AND FROM 20

— Number

1. Counting Forward to 20

- Say each number ONE at a time, in the right order.

1 2 3 4 5 6 7 8 9 10
11 12 13 14 15 16 17 18 19 20

- Touch or point to each object as you count.
- Each object is counted ONCE and only once.

Tip: Practise counting out loud every day!
Count your toys, your steps, or your fingers.

2. Counting Backwards from 20

- Start at a number and count DOWN to 1 (or 0).

20 19 18 17 16 15 14 13 12 11
10 9 8 7 6 5 4 3 2 1

- Counting backwards helps with taking away (subtraction).

Tip: Try a rocket launch countdown!
10, 9, 8, 7, 6, 5, 4, 3, 2, 1 ... BLAST OFF!

3. Counting On from Any Number

- You don't always start at 1.
- **Example:** Start at 7 and count on:

7 ... 8, 9, 10, 11, 12

- **Example:** Start at 14 and count back:

14 ... 13, 12, 11, 10, 9

4. One-to-One Correspondence

- Every object gets exactly ONE number.
- Point to each thing as you say the number.
- Don't skip any, don't count any twice!
 - Line up objects in a row to make counting easier.
 - Move objects into a group as you count them.

5. The Last Number Is the Total

- When you finish counting, the LAST number you say tells you HOW MANY.
- **Example:** Count the stars: * * * * *
- 1. 2. 3. 4. 5 – there are 5 stars!

Tip: After counting, someone asks 'how many?'
Just say the LAST number – you don't need
to count again!

6. Practice Activities

- Count to 20 while clapping your hands.
- Count backwards from 10 like a rocket launch.
- Count the pencils in your pencil case.
- Start at 5 and count on to 15.